

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
February Activities 2016 	1:9:00 Exercise 12:45 Big Sky Gym 1:30 Cribbage 2:00 Dr. Day History Lecture 4:15 Social Hour 7:00 9 & 5ers 7:00 Rubber Bridge	2. Groundhog Day 9:00 Current Events 9:30 Yoga with Sue 1:00 Dr. Nair in Today 1:15 Bingo 1:30 Run Around Day 2:15 Dining Services Committee Mtng. 3:00 Stretch and Tone 7:00 Cribbage 7:15 Rummikub 7:30 Les Julian Guitarist/Vocalist	3. 9:00 Exercise 9:30 -12:00 Vernon Run Around 9:30 Ex. Class w/ Laurie 10:00 Mahjong 10:00 "Coffee w/Colonel" 11:00 Safety Comm. Mtng. 1:00 Bridgewater Chocolates 1:30 Rummikub 2:00 Scrabble 4:15 Social Hour 7:00 Pinochle 7:00 Rummikub	4. 9:00 Quest Lab 9:00 Yoga with Sue 9 - 3 Manchester, Vernon, So. Windsor Dr. Appointments 1:00 Knitters 2:00 Quiddlers 7:30 Gwendolyn Quezaire-Presutti Presents "If I Am Not For Myself, Who Would Be For Me?"	5. National Wear Red Day 9:00 Exercise 9:30 Ex. w/Laurie DVD 10:00 Mahjong 1:00 Arts & Crafts 1:30 Bridge 4:15 Social Hour 7:15 Mich. Rummy 7:15 Ladies Poker 7:30 Rummikub	6.9:00 Stronger Seniors DVD 10:00 Bible Study 1:15 Bingo in Aud. 1:30 Dominoes 7:00 Setback 7:15 Rummikub
7. 10:00 Chapel Service 2:00 Benefit Concert at "Our Lady of Sorrows Church" 2:30 Movie 6:00 Super Bowl Gathering	8. 9:00 Exercise 9:00 BP Clinic 12:45 Big Sky Gym 1:00 Library Comm. Mtg 1:30 Cribbage 2:00 Dr. Day History Lecture 4:15 Social Hour 7:00 9 & 5ers 7:00 Rubber Bridge	9. . 9:00 Current Events 9:30 Yoga with Sue 1:00 Dr. Nair in Today 1:15 Bingo 1:30 Run Around Day 3:00 Stretch and Tone 7:00 Cribbage 7:15 Rummikub 7:30 Valley Shore Acappella Choir	10. Ash Wednesday 8:45 Ashes Mass 9:00 Exercise 9:30 Ex. Class w/ Laurie 10:00 Mahjong 11:00 Town Hall Mtng. 1:30 "We Shall Not Be Moved" w/ Author Mike O'Brien 1:30 Rummikub 2:00 Scrabble 4:15 Social Hour 7:00 Pinochle 7:00 Rummikub	11. 9:00 Quest Lab 9:00 Yoga with Sue 9 - 3 Manchester, Vernon Dr. Appointments 10:00 Vernon Kmart 11:30 Res.Liaison Mtg. 1:00 Knitters 2:00 Quiddlers 7:30 Concert Pianist Jacqueline Schwab	12. 9:00 Exercise 9:30 Ex. w/Laurie DVD 10:00 Mahjong 1:00 Arts & Crafts 1:15 BINGO Party 1:30 Bridge 4:15 Social Hour 7:15 Mich. Rummy 7:15 Ladies Poker 7:30 Rummikub	13.9:00 Stronger Seniors DVD 10:00 Bible Study 1:00 "Wit & Wisdom" Poetry Group 1:15 Bingo in Aud. 1:30 Dominoes 7:00 Setback 7:15 Rummikub
14. Happy Valentine's Day! 10:00 Chapel Service 2:30 Movie	15. President's Day Staff Holiday/ No Transportation 9:00 Exercise No Big Sky Gym 1:30 Cribbage 2:00 Dr. Day History Lecture 4:15 Social Hour 7:00 9 & 5ers 7:00 Rubber Bridge	16. 9:00 Current Events 9:00 Activity Comm. Mtng. 9:30 Yoga with Sue 1:00 Dr. Nair in Today 1:15 Bingo 1:30 Run Around Day 3:00 Stretch and Tone 7:00 Cribbage 7:15 Rummikub	17. 9:00 Exercise 9:30 Ex. Class w/ Laurie 11:30 Lunch@ Max Fish 10:00 Mahjong 1:30 Movie "Lust for Life" 1:30 Rummikub 2:00 Scrabble 4:15 Social Hour 7:00 Pinochle 7:00 Rummikub No Art Association	18. 9:00 Quest Lab 9: 00 Yoga with Sue 9- 3 Ea. Hartford/ Glastonbury Dr. Appointments 10:00 T.J. Maxx Plaza 1:00 Knitters 2:00 Quiddlers 3:00 Executive Brd.Mtg. 7:30 Roger Hart's Slideshow "Vincent VanGogh"	19.9:00 Exercise 9:30 Ex. w/Laurie DVD 10:00 Mahjong 1:00 Arts & Crafts 1:30 Bridge 4:15 Social Hour 7:15 Mich. Rummy 7:15 Ladies Poker 7:15 LTM (Ticket Holder Event) 7:30 Rummikub	20. 9:00 Stronger Seniors DVD 10:00 Bible Study 1:15 Bingo in Aud. 1:30 Dominoes 7:00 Setback 7:15 Rummikub

Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
<p>21. 10:00 Chapel Service</p> <p>1:15 South Windsor Cultural Arts Concert "Horzowski Trio"</p> <p>2:30 Movie</p>	<p>22. 9:00 Exercise 12:45 Big Sky Gym 1:30 Cribbage 4:15 Social Hour 7:00 9 & 5ers 7:00 Rubber Bridge</p>	<p>23. 9:00 Current Events 9:30 Yoga with Sue 1:00 Dr. Nair in Today 1:15 Bingo 1:30 Run Around Day 3:00 Stretch and Tone 7:00 Cribbage No Rummikub 7:30 Book Club</p>	<p>24. 8:30 Mohegan Sun Casino 9:00 Exercise 9:30 Ex. Class w/ Laurie 10:00 Mahjong 1:30 Rummikub 2:00 Scrabble 4:15 Social Hour 7:00 Pinochle 7:00 Rummikub</p>	<p>25. 9:00 Quest Lab 9:00 Yoga with Sue 9 - 3 Manchester, Vernon, So. Windsor Dr. Appointments 1:00 Knitters 2:00 Quiddlers 2:00 Wellness Committee Meeting 7:30 Sue Racicot's FDIC Seminar "Are You Scam Smart?"</p>	<p>26. 9:00 Exercise 9:30 Ex. w/Laurie DVD 10:00 Mahjong 1:00 Arts & Crafts 1:30 Bridge 4:15 Social Hour 7:15 Mich. Rummy 7:15 Ladies Poker 7:30 Rummikub</p>	<p>27. 9:00 Stronger Seniors DVD 10:00 Bible Study 1:15 Bingo in Aud. 1:30 Dominoes 7:00 Setback 7:15 Rummikub</p>
<p>28. 10:00 Chapel Service</p> <p>2:30 Movie</p>	<p>29. 9:00 Exercise 12:45 Big Sky Gym 1:30 Cribbage 1:00 February Birthday Social 4:15 Social Hour 7:00 9 & 5ers 7:00 Rubber Bridge</p>					