

Independent Retirement Community & Assisted Living

OPEN TO THE PUBLIC!

Health & Wellness RESOURCE FAIR

Join us for this fun & informative local health and wellness resources fair for older adults! Come get your FREE flu shot and enjoy great raffle prizes!!



- ✓ Blood Pressure Checks
- Flu Shots Will Be Available
 Bring insurance information
- Prizes, Raffles, Giveaways
- Health/Fitness Demonstrations
- Tours Available
- Refreshments & More

Join us!

Thursday, September 25th
1:00 PM - 3:30 PM
403 West Center St,
Manchester CT

For a flu shot, RSVP: 860.647.9343