#### Arbors COVID-19 Update- Effective Wednesday, November 18th

We remain committed to sharing information with you regarding the COVID-19 situation and all the precautionary measures enacted to prevent any spread of the virus at our community. Due to rapidly increasing prevalence of COVID-19, Arbors will enter "High-Risk" Stage, effective Wednesday, November 18<sup>th</sup>.

These measures are in place if county prevalence rises to 25 cases per day per 100,000 over a 14 day period in the county. Last Thursday, the county stood at 23.6 for the 14-day average. In only four days, the county has risen to 37.1 cases per day per 100,000.

Per the Department of Public health, the rapid surge of COVID-19 cases has reached red-alert status in 100 of Connecticut's 169 cities and towns, including the Manchester.

The Department of Public Health recommends that all people who are living in red-alert communities avoid gathering with non-household members, limit trips outside the homes, and cancel indoor events. In addition, towns are encouraged to cancel public events, and organized groups should cancel indoor activities.

# In response, the following changes will go into effect beginning as of Wednesday, 9 am (11/18):

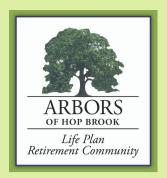
- visitors will not be permitted in apartments (except end of life situations). Visits can be made via our chat window located in the gathering center by appointment only.
- residents will be given a questionnaire after leaving the campus and may be subject to protective precautions based on their outing.

#### Please see the included information for review.

We understand that these precautions will be evaluated on a weekly basis and will be lifted as soon as guidelines permit and will be re-evaluated weekly.

Thank You,

Chanté Drasdis, Director



# OUTING QUESTIONNAIRE 11.11.20 TO BE USED DURING "HIGH EXPOSURE COVID STAGE"

# ALL RESIDENTS: UPON YOUR RETURN, PLEASE COMPLETE THIS QUESTIONNAIRE

Please return to front desk

This questionnaire is to help guide COVID-19 infection prevention policy and practices following trips into the community during High-Spread periods of COVID transmission.

Necessary
exposure controls
will be put in place
based on your
responses.

Community outtrips visits are not suggested for persons over the age of 65 unless absolutely necessary.

Resident Name: Apt:
Date of Outing: Details (optional):
Please check all that apply
□ Indoor activity
□ Unable to maintain social distancing during outing (others within 6 feet)
□ Interacted (15 min) with 5 or more persons
☐ Duration of activity an hour or longer
☐ Unable to wear a mask during the entirety of the outing (removed mask while dining, undergo procedure, etc).
□ Outing included someone from out of state.
□ None of these apply ( drive-through, joy ride, etc)

# Arbors has developed a questionnaire to help guide COVID-19 infection

prevention policy and practices following trips off the campus during High-Spread periods of COVID transmission.

Upon residents return from an outing, please complete the questionnaire and return to the desk.

Based on the level of risk of the outing, a range of isolation precautions will be outlined by nursing.

-Note, leaving the campus does not necessarily mean a complete isolation precaution. Examples are below:

Examples of Restriction Levels (Final evaluation on case by case basis)

## No Restriction Needed

-Pumping gas
-ATM visit
-joy rides

#### Yellow Restriction

(no contact with other residents, leave apartment for essential needs –mail, laundry, appointments)

-Routine Doctors
appts
-Off-site hair cut
-Pick up RX in store

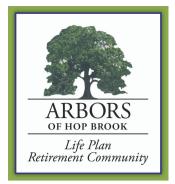
### **Orange Restriction**

(full isolation precautions)

-Dining at a restaurant

-Attending a performance

-Family event with 5 + people



# Procedures for indoor chat room visits

Arbors has a plexiglass enclosure in our gathering center to assist with family visiting. Visiting hours are 8 am -4 pm daily, in gathering center.

Chat room is by appointment only. Please call the front desk and ask for Laurie R. to register. 24 hours notice is appreciated.

# Use of chat room is by appointment only -call the front desk to register

Appointment for the chat room can be made by calling the front desk and asking for Laurie R. Visits are first come- first serve and shall be limited to 30 minutes at a time to allow for time for cleaning and preparation.

All visitors will complete a health questionnaire and temperature screening prior to entry.

Residents or visitors who do not feel well or are under isolation precautions should not participate in visits.

### Mask Wearing Required. No Contact

Visitors and residents must wear a mask at all times during the visit. No items shall be exchanged, no contact between resident and visitors.

### Sanitize prior and after use

The space will be sanitized prior to your arrival. As an added precaution, we encourage visitors and residents to use provided wipes to sanitize all touch surfaces before and after visit.

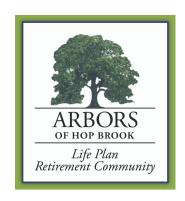
### Wash/sanitize your hands

Visitors should use hand sanitizer upon arrival/departure. Residents should sanitize when entering the room & wash hands when returning to the apartment.

### **Steps for Chat Window Visiting**

- 1.Register for chat room in advance (860-533-2517 ask for Laurie R.)
- 2. Visitors to register at front desk
- 3. Visitor directed to park in rear entrance
- 4. Visitor and resident should use hand sanitizer upon entry of the room
- 5. Visitor is recommended to wipe surface before and after visit
- 6. Visit duration shall be 30 minutes
- 7. Visitor shall check-out with the front desk





# Reminders for Chat Room Visits

Visitors should register at front desk to be screened

# Please leave masks on during the visit

Personal items should not be exchanged, remain behind the barrier

Visitor and resident should use hand sanitizer upon entry of the room and wash hands upon return home

Visitor is recommended to wipe surface before and after visit

Visit duration shall be 30 minutes

Visitor shall check-out with the front desk

