

Life Plan Retirement Community

Since the onset of the pandemic, Arbors staff and residents have been following guidance from the Centers for Disease Control and Prevention (CDC) and the Department of Public Health to ensure we make resident and staff safety a priority.

An important step in our COVID recovery is inoculation. Advisors to the CDC recommend that residents and employees of senior care facilities, including assisted living/senior living communities like Arbors, to be the first to receive a COVID-19 vaccine. We are proud to be part of the first phase of priority access in the nation! Our vaccinations helps protect staff, visitors and the fragile health of our beloved residents.

Thanks to our partnership with CVS/Omnicare, residents and staff will be able to receive the vaccine onsite at Arbors, offering the peace of mind that comes with not having to venture out in public to receive the immunization. We anticipate vaccinations to be available to our staff and residents in early January.

Health officials are considering vaccine timelines that give some Americans priority over others. A typical healthy American may wait many months for their turn. Thus, our staff and resident participation in vaccination onsite is an important part of our nation's COVID Recovery. **Learn more here:**

https://www.nytimes.com/interactive/2020/12/03/opinion/covid-19-vaccine-timeline.html

According to the Centers for Disease Control and Prevention (CDC):

- Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but **these measures are not enough.** Vaccines will work with your immune system so it will be ready to fight the virus if you are exposed.
- •The combination of getting vaccinated and following CDC's recommendations to protect yourself and others will offer the best protection from COVID-19.

Distributing a vaccine to senior living staff and residents will give us another line of defense against this deadly virus.

As we receive more information on the vaccine, we will be happy to share it. As a reminder I hold a Town Hall meeting every Monday at 3 pm. To access the call:

Dial: 1 (800) 434-5932 US Toll Free. The passcode for participants 8328076 #

Thank You, Chanté Drasdis Executive Director