



# **Arbors Moments**

**May 2024**

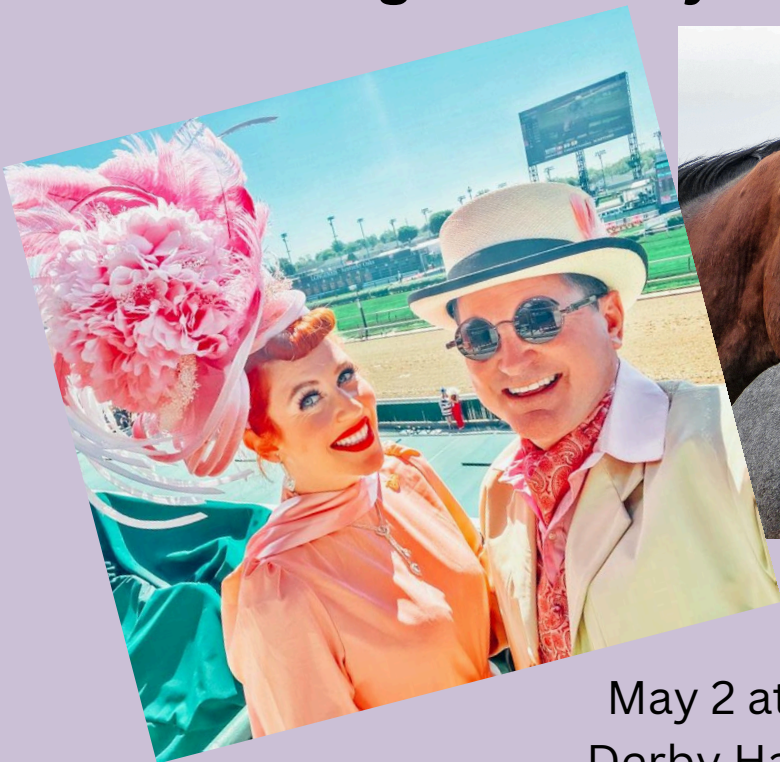
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The first Saturday in May is all about the Kentucky Derby!  
Join in the festivities that we have planned leading up to  
the big race! This year is the 150th running !



May 2 at 11:00 a.m. decorate a  
Derby Hat with Laurie Robinson.



May 3 at 2:00 p.m. attend our Kentucky Derby  
Soiree in the auditorium. We will be serving  
Sangria and mix up a batch of Mint Juleps.  
You'll find a lovely assortment of cheese and  
crackers too. Don't forget to wear your  
Derby hat!

The actual race can be viewed on Sat. May 4 in either the  
Gathering Center or the Auditorium. Chairs will be set up as  
early as 2:30 p.m. Plenty of media coverage to watch. The big  
race can be seen on NBC. Post time for the race is  
6:57 p.m. And remember, it is **THE** most exciting two and a half  
minutes in sports.



# **MAY EVENTS AND TRIPS**

**May 2 at 11:00 a.m.- Make a Derby Hat- Aud.**

**May 2 at 7:00 p.m. - Duo Piano Concert- Aud.**

**May 3 at 2:00 p.m.- Kentucky Derby Soiree- Aud.**

**May 4 2:30-7:15 p.m.- Watch Kentucky Derby Race Coverage**

**May 7 at 9:30 a.m.- Annual Resident Gardens Spring Clean Up**

**May 8 at 11:15 a.m.- Bus Trip to Lunch at Lucky Lou's**

**May 13 at 1:00 p.m.- Historical Lecture with Dennis Picard- Aud.**

**May 15 at 10:00 a.m. -Bus Trip to MGM Springfield Casino**

**May 20 at 1:00 p.m.- Birthday Social with live music-Latin Trio**

**May 29 at 11:00 a.m.- Balance Clinic with Jennifer Crespo-Aud.**

**May 29 at 1:00 p.m.- Scenic Drive out of Town**

# Happy Birthday



Mary Beaulieu May 3  
Nancy Tomlinson May 5  
A.J. Lazinsk May 7  
David McLane May 9  
Terrence Chetelat May 10  
Warren Russell May 17  
Betty Martin May 18  
Marilyn Steele May 19  
Patricia Garoppolo May 26  
MaryAnn Phelon May 26

## Happy Birthday!

### **Birthday Social with Latin Music**

Monday May 20 at 1:00 PM

Dining Room



Cupcakes and punch and a trio of musicians performing Latin music.



# Lunch at Lucky Lou's

This historically registered building is located in Old Wethersfield on the corners of Marsh and Main Streets.

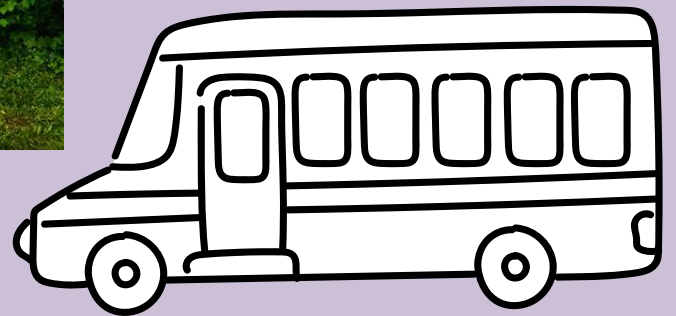
Such a quaint area!

Lucky Lou's has a wonderful lunch menu.



Wednesday, May 8

at 11:15 a.m.

A photograph of casino chips and cards. There are stacks of blue and white chips, red and white chips, and a blue and white patterned card. The background is dark and out of focus.

**Casino Day at MGM Springfield**

Wednesday May 15 at 10:00 AM

Leaving from the Lobby

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Gamble, eat, laugh, return to Arbors!

Leaving Arbors at 10:00 a.m. for the casino.  
Departing from the casino at 2:00 p.m.

A photograph of a scenic drive through a forest. The road is paved and curves through tall trees. The scene is misty and atmospheric.

**Scenic Drive**

Wednesday May 29 at 1:00 PM

Leaving from the Lobby

Join us for an afternoon scenic drive.  
An adventure! A slight mystery.

# Patent Medicines of the 19th Century

by Dennis Picard

May 13 at 1:00 p.m.- Auditorium



When trained medical practitioners could be hard to find, or expensive, or feared, Americans turned their trust to cure-alls found at their local general store or peddled by traveling salesmen. Some of these nostrums and elixirs promised to cure everything from a headache to cholera, to cancer. Some very selective in their target focusing on the lungs or digestion. Many contained alcohol or opioids. Come hear some stories of a few of the more popular nostrums and in some cases, find out what happened to the companies that made them.





## Last Month...

On April 8 we observed the partial eclipse together. What a great turn out we had!

