

# Arbors Moments

## June 2024

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[www.arborsct.com](http://www.arborsct.com)





## June Birthdays

Marguerite Roy June 6

Peggy Reid June 9

Arlene Lazinsk June 17

Irene Woynar June 21

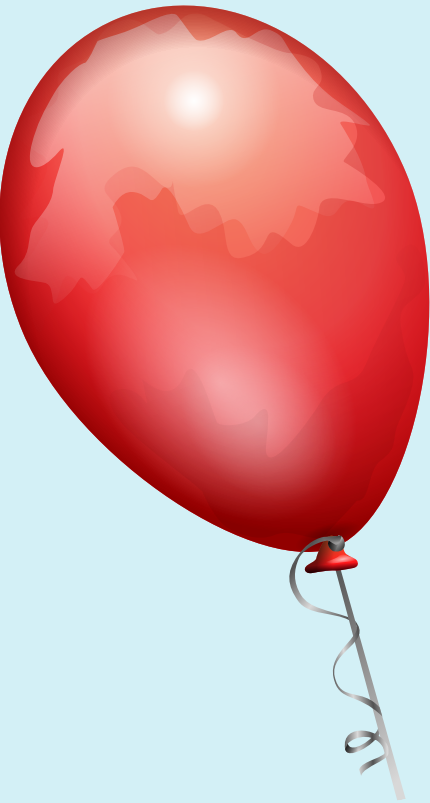
Pam Craparotta June 24

Bea Hicock June 26

Ed Ambach June 29

## CALA Award Time!

The Connecticut Assisted Living Association (CALA) asks management from communities like ours to nominate both a resident and a staff member who exemplify dedication, compassion, a strong sense of community and integrity. What a difficult decision to select just one of each! CALA reviews each nomination and selects the very best from several communities around Connecticut. Winners will be recognized this June 28 at a grand luncheon at the Water's Edge in Westbrook. Please congratulate our winners, resident Carl Cruff and Front Desk Receptionist Guy Feeney.





# June Events and Trips

- Wednesday, June 5 - Illing Singers Spring Concert at 11:00 A.M.-Aud.  
-Bus Trip: Elizabeth Park at 1:00 p.m.
- Thursday, June 6 - D Day Remembrance at 1:00 p.m.- Lobby
- Tuesday, June 11- The Armentano Duo at 7:00 p.m.-Aud.
- Wednesday, June 12- Bus Trip: Longhorn Steakhouse at 11:00 a.m.
- Tuesday, June 18 - Glastonbury Ukulele Band at 7:00 p.m.- Aud.
- Wed., June 19- Juneteenth History & Discussion at 1:00 p.m.- Terrace
- Thursday, June 20- Food Truck Event- 11:30-2:00 p.m.- Back Terrace
- Wednesday, June 26- Fall Prevention Program: Nutrition, Hydration, and Medication at 11:00 a.m.-Aud.  
-Bus Trip: Scenic Drive to Glastonbury at 1:00 p.m.

## The Illing Singers

**Wednesday June 5 at 11:00 AM**

*The Illing Middle School Singers are coming in to present their spring concert under the tutelage of Karla McClain. Let's give them a warm welcome!*

**Auditorium**



## Elizabeth Park Rose Garden

**Wednesday June 5 at 1:00 PM**

The historical West Hartford rose garden is just beautiful this time of year. Come and smell the roses with us! Sign up near the Library fireplace. We need five residents to be able to go,

**Leaving from the Lobby**



# D Day Remembrance

This year is the 80th anniversary of D Day. Operation Overlord was launched on June 6, 1944. A special snack and drinks will be available in our Lobby area where residents can mingle and remember D Day. Wear your red, white, and blue to show your spirit!

Thursday June 6 at 1:00 PM  
Lobby



## The Armentano Duo -June 11 at 7:00 p.m. -Auditorium



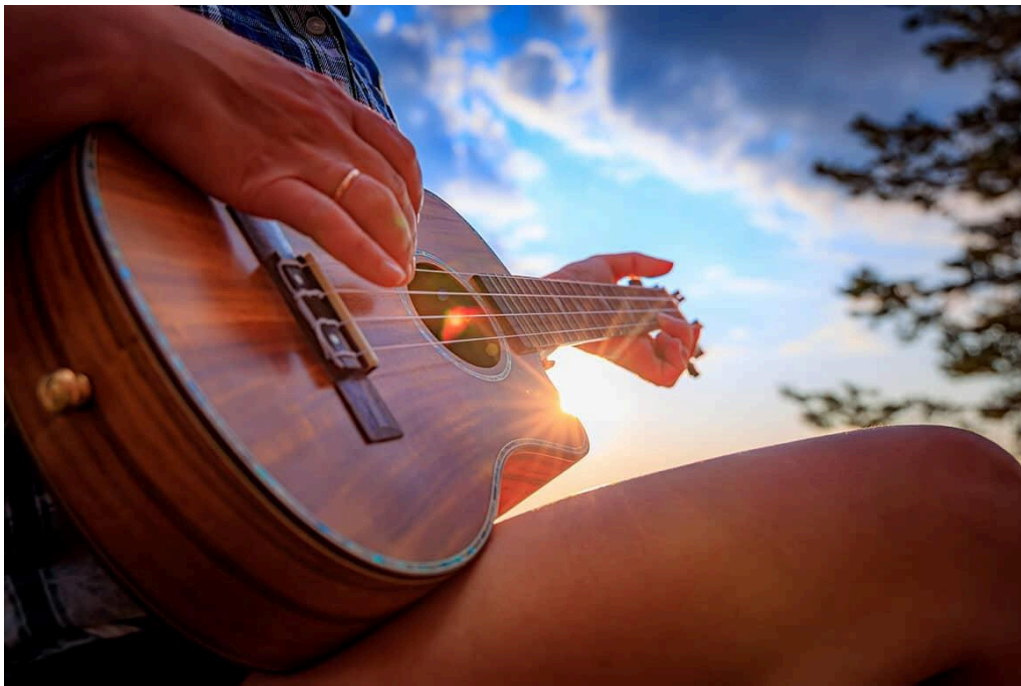
This lively duo does a great job of engaging their audience! Steve and Mike Armentano deliver upbeat music and songs especially for those who would enjoy material from the 1960's and 1970's. Their repertoire is from a variety of artists such as The Beatles, Bobby Darin, Elvis Presley, The Drifters, Dean Martin, Glen Campbell, The Lovin Spoonful, Hank Williams, Creedence Clearwater Revival, Ricky Nelson, Frank Sinatra, Dion, John Denver, Jim Croce and Sam Cooke. The Armentano brothers have been performing professionally together for over 30 years, with vocalist Mike on the acoustic guitar and Steve playing assorted percussion.



# The Glastonbury Ukulele Band



TUESDAY, JUNE 18 AT 7:00 P.M.



The Glastonbury Ukulele Band consists of “ukers” from Glastonbury and surrounding towns. Led by Dr. Jim Rosokoff, a retired Glastonbury dermatologist, they perform throughout Connecticut. They play popular songs from many eras. Please join us for a wonderful sing along!

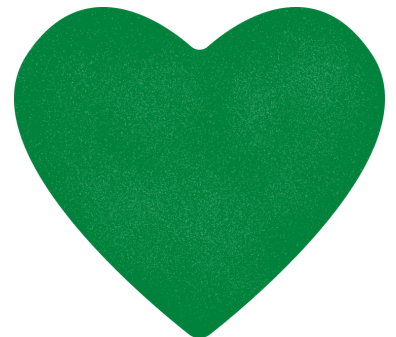
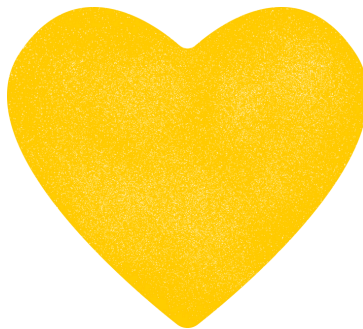


## Juneteenth History and Group Discussion

Wednesday June 19 at 1:00 PM

Back Terrace, Weather Permitting

Join staff for a little history  
about Juneteenth. All are  
welcome. Refreshments  
will be served.







# The Flavors of Our Neighborhood

Join us for a fun and delicious event on our back terrace area. We are hosting a FOOD TRUCK EVENT! This fair will include many well-known Connecticut food trucks, local artisans, some crafters, and more. The list of vendors is quite impressive. Cousins Maine Lobster, SAULT'S Eclectic Cuisine, Manchester Cheesecake, Jeff's Kettle Corn, Bob's Jerky for a Cause, Hot Diggity Dog's, MACC Charities, October Kitchen, Buddha's Bees Apiary, The Hollow, and more! The Arbors will have a booth too. We will be selling delicious and refreshing infused iced tea and lemonade. Half of our drink's proceeds will be donated to MACC Charities. Try and visit each vendor! Most food trucks and vendors will be accepting cash as payment. Some will take major credit cards. Please plan accordingly and arrive prepared. The Arbors and Atlas Healthcare will be providing each resident with a \$5.00 coupon to spend at the event. This gift will be distributed from our beverage booth, which is called "The Fountain of Youth".

Please invite your family members, old neighborhood friends and anyone who enjoys good food and a fun, summertime experience.

This event will be open to the outside community too.

If we experience inclement weather we will squeeze the vendors

indoors, using the dining room area.

Food trucks will still set up outside.

Come and taste the ***Flavors of Our Neighborhood*** on June 20 from 11:30 to 2:00 p.m.



# **Arbors Fall Prevention Program**

**Wednesday June 26 at 11:00 AM**

## **Auditorium**

The focus for the June session of the Arbors Fall Prevention is Nutrition, Hydration and Medication. Our nurse Joannah Petroski and a representative from Hancock Pharmacy will be our guest presenters. Some lovely, healthy refreshments will be served. Please sign up for this presentation.

