

Arbors Moments

May 2025



860-467-0948 403 West Center St.
Manchester, CT 06040
www.arborsct.com



We wish all our mothers a very
happy
Mother's Day!

On May 11th we will have a
beautiful dinner at noon in the
dining room. Please contact
Meghan or Shanoa at
860-533-2523 to confirm your
reservations. Just a reminder,
the fee for guests is \$28.00
per person.



This is **not** your actual order form, but a tease of what we will be offering on the Mother's Day Menu.

APPETIZERS:

SHRIMP COCKTAIL

SAFFRON INFUSED CHICKEN NOODLE SOUP

TOASTED ALMOND AND STRAWBERRY SALAD

ENTREES:

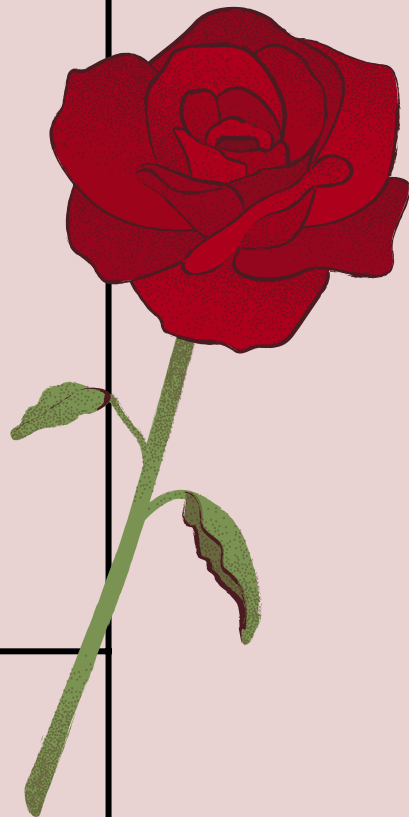
MARINATED BEEF TENDERLOIN WITH A
HORSERADISH GREMOLATA

SALMON EN CROUTE WITH A
HOLLANDAISE SAUCE

CHEESE RAVIOLI WITH TOMATO &
MASCARPONE SAUCE

DESSERTS:

LAVA CAKE ,ICE CREAM, OR PEANUT
BUTTER COOKIES



May Birthdays



Arbors Residents:

Mary Beaulieu May 3

Nancy Tomlinson May 5

AJ Lazinsk May 7

Marguerite Carroll May 16

Marilyn Steele May 19

Ramona McCarthy May 24

Mary Ann Phelon May 26

Arbors Staff:

Agatha Nyarkoh May 1

Zainab Danquah May 5

Davohn Ryther May 8

Bailey Phelps May 12

Melissa Trapp May 17

Meghan Gerlack May 22

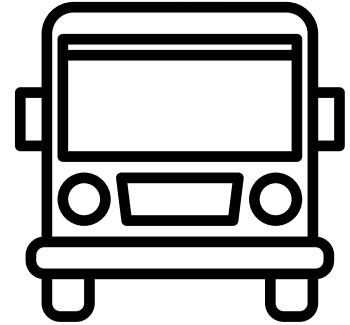
Anthony Falvo May 22

Francesca Grieco May 30

Dorothy Hemingway May 30

Rochelle Maddox May 31

Featured Trips



Kobe's Asian Bistro for Lunch

Wednesday May 7 at 11:30 AM

Kobe's is a favorite of Laurie and Walt Prytko. They highly recommend it! Kobe's has a lovely dining area as well as a hibachi side of the restaurant. Their menu includes Japanese, Thai, and other Asian dishes. They have cocktails too.

Leaving from the Lobby

Free Concert at MCC

The MCC Older Active Adult Association is hosting the Elderly Brothers. We have enjoyed them here before. This is a free concert. Just sign up and go!

Friday May 16 at 1:00 PM

Leaving from the Lobby

Visit Local Garden Centers

Wednesday May 14 at 10:30 AM

Leaving from the Lobby

Botticello's Farms of Manchester and Garden Barn of Vernon are two of the nicest garden nurseries around. We can drive you to both. Great opportunity to buy your plants for the season!

Mystery Drive

Wednesday May 28 at 1:00 PM

Leaving from the Lobby

Join our driver Lisa for a relaxing mystery drive. Bring some spending cash. She always finds an interesting destination to stop at.

Music, music, music.



Exceptional Musicians for Mother's Day

Auditorium

Sunday May 11 at 3:00 PM

Jazz pianist Alex Nakhimovsky will be accompanied by vocalist Jodette Bentley. What a nice way to spend your Mother's Day afternoon!



The De Moura Castro Trio

Tuesday May 13 at 7:00 PM

Auditorium

This trio includes Bridget de Moura Castro on piano, Jan Oliver Homann, playing Oboe and Lisa Homann, violin. Their program includes Handel, Beethoven, Tchaikovsky, and Mozart.



Glastonbury Ukulele Band

Sunday May 18 at 2:30 PM

Auditorium 10:30 AM

Dr. Jim Rosokoff leads the ukers in the Glastonbury Ukulele Band. They are a ton of fun. Sing Along!!!!



Alex Nakhimovsky & Jodette Bentley

Pianist Alex Nakhimovsky enjoys a versatile career as a performer, recording artist, producer, arranger and educator. After emigrating to the United States from Russia in 1978, Alex studied at the Hartt School of Music in Hartford, CT with Jackie McLean and Luiz Castro among others. He has been a full-time faculty member at the Greater Hartford Academy for the Arts, and adjunct faculty at the University of Hartford's renowned Hartt School of Music. Alex's musical accomplishments as a Jazz and Classical artist include musical direction and arranging as well as solo and ensemble performances, visiting over 50 countries and 6 continents. He has toured throughout the United States, Russia, Japan and Israel, performing with jazz legends Benny Golson, Jackie McLean, Jimmy Cobb, Valery Ponomarev, Sheila Jordan, Curtis Fuller, Victor Bailey and Grammy nominated artists Bill Evans and Carla Cook. Nakhimovsky's impressive classical repertoire, which spans the gamut from Bach to Gershwin, has led to performances on some of America's greatest stages including Carnegie Hall and Steinway Hall in New York City. In addition to his multi-level career as a performer, recording artist and concert producer, Alex accompanies and arranges for notable singers from a wide range of musical genres, including jazz, pop, Broadway and classical singers. Alex will be playing for the lovely, hugely talented vocalist **Jodette Bentley** at this Sunday afternoon concert.

Mother's Day
May 11 at 3:00 PM



Teamwork in Nursing

Our nursing department is indeed an impressive group! Lorraine Doonan RN, Resident Services Director and Joannah Petroski RN, Resident Services Coordinator recently interviewed several candidates to fill our growing nursing team including CNAs, LPNs and RNs. We are planning a meet and greet where you can get to know these new staff members. Watch for the date, time, and location to be announced on your weekly calendars. We are aiming for a day later this month.



Invite your
friends and
family!



Independent Retirement
Community & Assisted Living

WELCOMES YOU TO OUR

FOOD TRUCK & CRAFT FESTIVAL

Most Vendors
Accept Cash
& Card



WEDNESDAY, MAY 21ST
11:30 AM - 2:00 PM

COME ENJOY
NUMEROUS WELL-KNOWN FOOD TRUCKS,
LOCAL ARTISANS, CRAFTS AND MORE!

403 West Center Street | Manchester, CT 06040
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