

Arbors Moments



June 2025

860-467-0948 403 West Center St.
Manchester, CT 06040
www.arborsct.com



happy Father's Day



Happy Father's Day on
June 15th to all the wonderful fathers here
at Arbors!

May you and your extended family
members enjoy a day filled with joy.



A Little History About Father's Day



There are so many things to look forward to come June! The first official month of summer calls for grilling, swimming, camping, sunshine, and, of course, all the dad jokes you have to tolerate for Father's Day. Yep, in case you forgot, the sunny month of June also hosts the special day we dedicate to our dear dads! The concept of the holiday is easily understandable today, but have you ever pondered the origins of this heartfelt holiday? While it's observed in numerous countries globally, the history of Father's Day is relatively recent in America!

For example, did you know the idea of honoring fathers and promoting fatherhood was initially met with resistance? It took several decades of efforts by individuals and organizations to establish Father's Day as an official holiday.

What is the history behind Father's Day?

As with Mother's Day history, the origins of Father's Day can be traced back to the early 20th century. The story starts with a woman named Sonora Smart Dodd in Spokane, Washington, who was inspired by her widowed father. She and her five siblings were raised by their father, a Civil War veteran and single parent. According to History, Dodd wanted to establish an official day equivalent to Mother's Day and proposed the idea to local churches, YMCAs, and even government officials.

That first Father's Day was celebrated on June 19th, 1910, in Spokane. But it wasn't until several years later that it started to gain popularity in other parts of the country. In 1916, President Wilson honored the day by unfurling a flag in Spokane, and in 1924, President Coolidge urged states to recognize the day.

But still, it wasn't easy. Folks were skeptical about the idea of a day to honor fathers, thinking it was too sentimental and that it attempted to "domesticate manliness with flowers and gift-giving," as one historian noted. It was not until 1972 that Father's Day was officially recognized as a national holiday in the United States, signed into law by President Richard Nixon. So, let's tip our hats to Sonora and all those who helped make Father's Day the special day it is today.



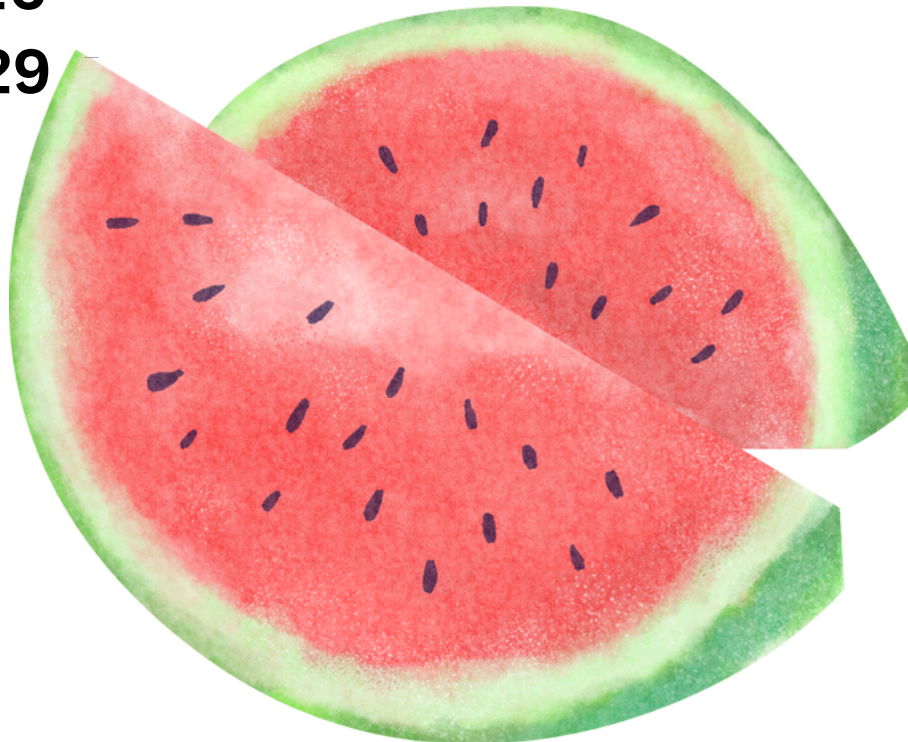
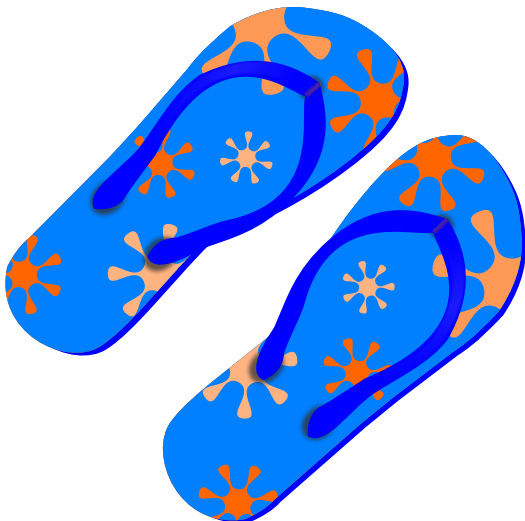
June Birthdays

Staff:

Jovan Garcia	6/2
Mary Beth Gallo	6/3
Patty Fellows	6/15
James Russell	6/16
Shawn Paradis	6/18
Kay Gregory	6/19

Residents:

Arlene Lazinsk	June 17
Irene Woynar	June 21
Pam Craparotta	June 24
Bea Hicock	June 26
Ed Ambach	June 29



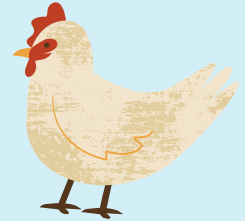
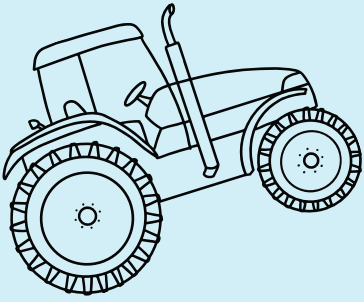
June's
Scheduled
Trips.....



**JOIN US FOR
LUNCH AT
BLONDIE'S
DINER
OF
WILLIMANTIC**

WEDNESDAY, JUNE 4 AT 11:00 A.M.

Scenic Drive Through South Glastonbury



Sign up and join our driver Lisa for a relaxing countryside drive through the outskirts of South Glastonbury. Bring some spending cash as she always finds a great stop off.

June 11 at 11:00 AM
Lobby

The “SlipAway” River Cruise June 18 at 10:45 a.m.



The SlipAway is a small tour boat, seating 14 Arbors passengers, ensuring that the trip will be an engaging experience with Captain Bill Keyt and his crew. Tours are narrated and highlight the river as a regional treasure, a resource rich in history, recreational enjoyment and natural beauty. Outings also promote the environmental significance of the river and how it can be cared for and further appreciated.

- Pack yourself a lunch to enjoy on the boat ride!
- Water bottles will be provided by the Arbors.

This outing will be popular. Please sign up if you are 100% committed to going. The Activity Committee is covering the \$20.00 per person fee for this excursion. There will be a \$10.00 cancellation charge for those who cancel the day of the trip.

Music and Culture

Rita Wagener's African Culture Show

Wednesday,
June 11
at 1:30 p.m.
Auditorium



Rita Wagener, a native of Uganda, will share her firsthand knowledge of African culture, beliefs, customs and how she keeps her culture alive. Rita's show will introduce you to the fashions and dances of Africa.

The audience will also have a chance to participate in modeling and dancing!

A “CAMPFIRE CONCERT”
Lisa Rich & Rob DeSorbo
Tuesday, June 17 at 7:00 p.m.



Lisa Rich is a vocalist and guitarist! She also happens to be an Arbors cook / baker. Lisa and her partner Rob, who is an accomplished guitarist will give us a “fireside” concert on the patio. Staff will set out extra chairs and additional lighting. Please note that this is an outdoor event, with lawn furniture. Bring a sweater!



***JUNE 25
AT NOON***

A SUMMERTIME
BBQ
LUNCH
For Staff and Residents



***WE ARE FIRING UP
THE GRILL.
OFFERINGS INCLUDE:
BURGERS , DOGS,
SIDE DISHES , CHIPS
AND DRINKS.***



“Core Control”

**A health talk
presented by the
staff at
Manchester Rehab.**

**PLACE: Arbors
Auditorium**

DATE: June 25

TIME: 11:00 A.M.

